Research Article

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Formulation, Release Characteristics and Bioavailability Study of Oral Monolithic Matrix Tablets Containing Carbamazepine

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Abstract. This study examined the release of carbamazepine (CBZ) from hydrophobic (Compritol® 888 ATO) and hydrophilic-hydrophobic matrix combination (Compritol® 888 ATO-hydroxpropyl methylcellulose, HPMC). Hydrophobic matrix tablets were prepared by hot fusion technique, while hydrophilichydrophobic matrix tablets were prepared by wet granulation technique. The properties of the compressed matrix tablets were determined according to the US Pharmacopoeia. Both matrix formulations displayed a controlled-release profile when compared to the reference formulation (Tegretol® CR 200). The bioavailability of CBZ formulations and Tegretol® CR 200 were evaluated in beagle dogs. Carbamazepine presented a significant higher bioavailability from matrix tablets containing hydrophilic polymer (HPMC) than that obtained from Tegretol® CR200. The average inter-subject plasma concentration variability CV% was the least with tablet containing hydrophilic polymer (HPMC) and was the highest with Tegretol® CR 200 (33.8 and 54.1, respectively). Analysis of variance applied to log $AUC_{0-\alpha}$ and log C max showed statistical significant differences among the three formulations (P<0.05). Plotting the fraction of CBZ released *in vitro* and fraction absorbed showed a statistically significant relationship ($R^2=0.935-0.975$) for the three matrix tablets examined.

KEY WORDS: bioavailability study; carbamazepine; controlled release matrix; *in vitro/in vivo* correlation.

INTRODUCTION

Over the past 30 years, significant medical advances have been made in the area of drug delivery with the development of novel dosage forms. Controlled-release formulations have been one of the major focuses in pharmaceutics. Matrix systems appear to be a very attractive approach in controlledrelease system (1). Matrix type formulations are prepared from either swellable hydrophilic polymers or non-swellable lipophilic excipients, like waxes and lipids. The use of lipid and wax matrix seems to have a particular advantage due to their chemical inertness against other materials, better characterization of lipidic excipients and formulation versatility and the choice of different drug delivery systems (2). Recently, much attention has been focused on the use of Gelucires as carriers in drug delivery systems. The Gelucire containing only glyceride are used in preparation of controlled-release formulations. In particular, Compritol 888 ATO5 or glyceryl behenate can be used as glyceride base for the preparation of controlled-release dosage forms (3,4). When lipophilic excipients is used as a matrix, the drug substance and the excipients have to be formulated into a solid dispersion; just mixing the ingredients is not enough. In fusion method, no organic solvent or water is required, moreover, in melt methods the drying step is not necessary, a satisfactory retard profile can be achieved with low wax content and the process is therefore applicable to high dose drugs.

In practice for the controlling of drug release from matrix device, polymeric hydrogel is being investigated for controlled-release applications. Hydrogels can be applied for both hydrophilic and hydrophobic drugs. Hydrophilic polymers, in particular cellulose derivatives, have been widely used in the formulation of hydrogel matrices which satisfy the key criteria for the development of controlled-release oral solid dosage forms. Different types of modified cellulose polymers are usually employed, either alone or with other swellable polymers (5) and with hydrophobic polymers (6). A study has been made on the *in vitro* release from a matrix comprising hydrophobic and hydrophilic (gel-forming) components containing different non-steroidal anti-inflammatory agents (7).

Carbamazepine (CBZ)-a tricyclic iminostilbene derivative is the treatment of choice for simple partial, complex partial and secondarily generalized seizures (8). Carbamazepine shows slow and irregular absorption and unpredictable fluctuations in the plasma levels of both CBZ and its

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metabolite CBZ 10, 11-epoxide (9) and these, in turn, lead to the occurrence of intermittent side-effects. These can be minimized by increasing the frequency of dosing but at the expense of compliance (10). With immediate-release CBZ doses, failure to adhere to a 3-or 4-time-daily dosing schedule can contribute to variability in serum drug level, which are also affected by many other factors; thus, suggesting the study of modified release formulations as a powerful approach to improve its therapeutic use (11). Barakat and Radwan (12), prepared CBZ-loaded polylactic co-glycolic microspheres which exhibits sustainer release profile over 10 h. Emulsion congealing technique has been successfully used for preparation of CBZ-Precifac®ATO lipospheres (13).

In the present study, various matrix systems were designed and tested for controlled delivery of carbamazepine. The objectives of the study were (1) to evaluate the influence of matrix excipients on the drug release behavior from matrix tablets (2) to investigate both *in vitro* and *in vivo* performance of hydrophilic and hydrophobic matrix systems in controlling the release of carbamazepine, and (3) to explore the relationship between *in vitro* release and *in vivo* absorption.

EXPERIMENTAL

Materials

Carbamazepine powder, (CBZ; Novartis Pharma, Egypt). Tegretol® CR 200 tablet, (Reference) Batch no. T4171, (Novartis Pharma AG, Basle, Switzerland). Compritol® 888 ATO (USP-NF glyceryl behenate) was a gift from Gattefosse (Saint Priest, France). Diethyl ether (BDH Lab, England). Formic acid 98–100% (Suffolk, England). Phenacetin (BDH Chemicals Ltd, Poole, England). Methanol and acetonitrile hypersolv for HPLC, VWR International Ltd, England.

Preparation of Matrix Tablets

Hydrophobic Matrix Tablets

Composition of hydrophobic matrix is listed in (Table I). Carbamazepine and Compritol® 888 ATO were mixed homogeneously; the blend was then heated (70–80 °C) in a water bath (model GFL Labortechnik GMBH, Germany) with continuous agitation. The molten mass was allowed to cool at room temperature. The congealed solid mass was then sieved, fraction sizes between 710–500 µm were blended with 1% magnesium stearate as a lubricant and 5% Ac-Di-Sol as

Table I. Composition of Carbamazepine 200 mg Matrix Tablets

Ingredients	Matrix F (mg/tablet)	Matrix L (mg/tablet)
Carbamazepine	200	200
Compritol® 888 ATO	200	6.6
Methocel K15M	-	52.8
Avicel®	-	6.6
Ac-Di-Sol	20	-
Magnesium stearate	4	2.6

disintegrant. The granules then compressed into tablets using 9 mm diameter flat-faced punch.

Hydrophilic Matrix Tablets

Composition of hydrophilic matrix is listed in (Table I). The tablets were prepared by wet granulation technique. Drug, Compritol® 888 ATO, hydroxypropyl methylcellulose and Avicel were mixed thoroughly with a pestle and mortar. A 10% alcoholic solution of PVP was added to this mixture drop wise with continuous mixing. The wet mass was sieved through sieve no 14. The granules were then dried at 60 °C for 6 h using a convection oven. After adding 1% magnesium stearate as a lubricant, the resulting dried and size-distributed granule mixtures (25–35 mesh) were directly compressed into tablets using a tablet machine (Erweka, Germany) equipped with fraction 710–500 μ m were lubricated and compressed into tablets using 9-mm flat faced punch.

Tablet Properties

The properties of the compressed tablets, such as drug content, weight variation, hardness, thickness, disintegration time, and friability were determined.

In Vitro Release Studies

The release characteristics of CBZ from tablet formulations or Tegretol® CR were determined according to the USP dissolution II paddle method at a rotation speed of 75 rpm in 900 ml of water containing 1% sodium lauryl sulfate at $37\pm$ 0.5 °C using dissolution tester (Erweka DT-6, Germany). Five milliliters of samples were taken at appropriate intervals and volumes were replenished with fresh test medium. Collected samples were filtered through 0.45 µm Millipore filters. The concentration of CBZ in the dissolution samples was spectrophotometrically determined at 285 nm using a UV spectrophotometer (Ultrospec 2100 Pro, UV/Visible Spectrophotometer, Cambridge England).

The *in vitro* release profiles of CBZ formulations and Tegretol[®] CR were compared using similarity factors, f_2 , as defined by the following equation (14).

$$f_2 = 50 \times \log \left\{ \left[1 + \frac{1}{n} \sum_{j=1}^n \left(\mathbf{R}_j - \mathbf{T}_j \right)^2 \right]^{-0.5} \times 100 \right\}$$
 (1)

where *n* is number of time points, and T_j and R_j are percentage release at time point (*t*) for the reference and test tablet, respectively.

Dissolution efficiency (DE%) was calculated from the area under the dissolution curve at time t (measured using the trapezoidal rule) and expressed as percentage of the area of the rectangle described by 100% dissolution in the same time (15).

The mean dissolution time determined for drug release up to 80% (MDT-80%) was calculated from dissolution data using the following expression (16).

$$MDT = \frac{\sum_{j=1}^{n} t_j \Delta Q_j}{\sum_{j=1}^{n} \Delta Q_j}$$
(2)

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where *j* is the sample number, *n* is the number of time increments considered, t_j is the time at midpoint between t_j and t_{j-1} , and ΔQ_j the additional amount of drug dissolved in the period of time t_j and t_{j-1} .

Data Analysis

In order to propose the possible release mechanism, the drug release from CBZ formulations was fitted to the following power model (17).

$$\frac{Q_t}{Q_\alpha} = k t^n \tag{3}$$

where Q_t/Q_{∞} is the fractional drug release percentage at time *t*. The *k* is the kinetic constant related to the properties of the drug delivery system and *n* is the diffusional exponent, which characterizes the drug transport mechanism. A value of n=0.45, indicates Case I (Fickian) diffusion, 0.45 < n < 0.89indicates anomalous (non-Fickian) diffusion and n=0.89indicates case II transport. This equation can be used to analyze the first 70% of a release curve.

In Vivo Absorption Study

Six male beagle dogs weighing 8-14 kg were used in this study in accordance with a protocol approved by the Institutional Review Board-Use and care of Animals at King Saud University. The study was designed to include a single dose, three-way crossover oral paradigm in which three CBZ products were administered. The animals were housed in polypropylene cages at 25±1 °C and 45-55% relative humidity with a 12-h light/dark cycle. All dogs were fasted overnight prior to the experiment, no food was allowed until a standard meal was served 4 h after dosing. Water was available ad libitum 2 h after dosing and throughout the study period. On each occasion, dogs received orally the following formulations: controlled-release commercial CBZ tablet (Tegretol® CR 200); Formula F; and Formula L. In all cases, a 2-week washout period was allowed between successive treatments. The tested formulations were administered with 100 ml of water. The dog's leg was shaved and a forefoot vein was cannulated using an 18 gauge cannula. Serial 3-ml blood samples were collected from each dog just prior to dose administration and at each of the following time points: 0.5, 1, 1.5, 2, 3, 4, 6, 8, 12, 24, 48, and 72 h following oral dosing. Heparinized blood samples were centrifuged immediately for 15 min at 3500 rpm, and the plasma transferred into glass containers to be kept frozen at -20 °C pending analysis. The plasma concentrations of CBZ were determined by the modified high-performance liquid chromatography modified method of Gavini et al. (18).

Chromatographic Conditions

Chromatography was carried out on Shimadzu HPLC equipped with Class VP software for data processing. Samples were analyzed on a reverse-phase Bondapak C_{18} column attached to a C_{18} precolumn, detector was set at 220 nm and mobile phase was pumped at a flow rate of 0.8 ml/min. All determinations were made at ambient

temperature. The mobile phase consisting of mixture of acetonitrile/methanol/formic acid (0.1%; 10:50:40 ν/ν , pH 3.34). The mobile phase passed through 0.45 µm Millipore filter and degassed by ultrasonication under vacuum before use. Volume of the injected sample was 50 µl. The amount of CBZ in plasma was expressed as µg ml⁻¹ plasma.

Analytical Procedure of Plasma Samples

An extraction method of assay was performed to calculate CBZ concentration in plasma sample. Briefly, to a series of six 15-ml ground glass stoppard reaction vessels add CBZ in methanol (10 μ g ml⁻¹) in amounts of 5, 10, 20, 40 and 80 μ l to prepare standard curve in the range 0.25–4 μ g ml⁻¹. Add 50 µl phenacetin (as internal standard) in methanol $(20 \ \mu g \ ml^{-1})$ to these tubes. Add 0.2 ml of blank plasma to each tube in the standard curve series. Add an identical amount of phenacetin to a series of clean 15-ml tubes for the samples. Add 0.2 ml thawed plasma to be analyzed to the sample tubes. Mix the content of the tubes for 30 s with a vortex-type mixer. Add 4 ml diethyl ether to the tubes, mix the tube content vigorously for 30 s. Centrifuge at 3,500 rpm for 15 min, transfer the upper organic layer by Pasteur pipette to a disposable 15 ml culture tube, evaporate the solvent in a gentle current of air at 40 °C. Dissolve the residue in 200 µl of HPLC eluent by vortex-mixing for 20 s, pour into a microcentrifuge tube, centrifuge at 20,000 rpm at 10 °C for 5 min and inject 50 µl of clear supernatant onto the column.

Validation of Assay Methodology

The assay procedure was validated in term of linearity, precision, accuracy and recovery.

Linearity

A calibration curve was generated from the resulting chromatograms based on the ratio of the peak area of CBZ to IS. A standard curve of five replicates at each data point (0.25, 0.5, 1, 2, and $4 \ \mu g \ ml^{-1}$) was constructed and goodness-of-fit was determined by linear regression.

Precision and Reproducibility

Within-and-between-day reproducibility studies were performed on five replicates; five different concentrations of CBZ (in the linear range) were measured three times in a consecutive manner to obtain within-day reproducibility. The between-day analysis of the same concentrations was repeated on 15 separate days. Precision was expressed as coefficient of variation (CV%) calculated from recovered standards assayed in the same day or on different days.

Recovery

The physical recovery of CBZ was determined by comparing the peak-height ratios measured in the extracts of pooled plasma contain known amounts of CBZ with those peak-height ratios measured in unextracted samples supplemented with similar working range of CBZ, keeping the injection volume constant. For purpose of this calculation we

Table II. Physical Characterization of Matrix Tablets of Carbamazepine

Matrix formulation	CBZ content (%)	Weight ^a (mg)	Thickness ^a (mm)	Hardness ^a (kg/cm ²)	Friability ^{b} (%)	Disintegration ^{<i>a</i>} time (min)
Formula F	102.34 ± 1.02	425.54±1.35	3.0 ± 0.03	5.10±0.32	0.65 ± 0.02	5.0±0.02
Formula L	98.95 ± 0.98	270.3±1.67	2.9 ± 0.06	6.3±0.19	0.34 ± 0.03	>360 min

^{*a*} Data are the mean of ten determinations

^b Data are the mean of two determinations

added internal standard to the samples just before injection into the chromatograph. Percentage recovery of the drug was calculated from the following equation.

$$\operatorname{Recovery}(\%) = \frac{\operatorname{Peak} \operatorname{CBZ} \operatorname{extract/IS}}{\operatorname{Peak} \operatorname{CBZ} \operatorname{non} - \operatorname{extract/IS}} \times 100 \quad (4)$$

Calculation of CBZ Concentration

Standard curve constructed for peak area ratios are adjusted by linear regression analysis to express peakarea ratio ($CBZ_{peak area}/IS_{peak area}$) as a function of CBZ concentration of the standards. The mean best fit linear regression equation was used to estimate the concentrations of CBZ in the unknown plasma samples at different time intervals.

Calculation of CBZ Pharmacokinetic Parameters

Pharmacokinetic parameters were estimated from the individual plasma concentrations *versus* time profiles. The peak plasma concentration (C_{max}), the time to reach the maximum peak (t_{max}) and the times of CBZ firstly appeared in the plasma (t_{lag}) were obtained as directly measured values. The extent of absorption (AUC_{0-t}) was calculated using linear

trapezoidal rules. Extrapolated AUCs ($AUC_{0-\infty}$) were determined by the following equation:

$$AUC_{0-\alpha} = AUC_{0-t} + C_t/k_{el}$$
(5)

 $k_{\rm el}$ was estimated by fitting the logarithm of the concentrations *versus* time to a straight line over the observed exponential decline.

The Wagner–Nelson model was used to calculate the percentage of CBZ dose absorbed profiles (19).

$$FA_{t} = \left(C_{t} + k_{el} \times AUC_{0_{-t}}\right)1/kel \times AUC_{0_{-\alpha}} \eqno(6)$$

where FA_t is the fraction of drug absorbed at time t, C_t is the concentration of drug in the plasma at time t and k is the elimination rate constant. The elimination rate constant, k_{el} , was calculated from the mean plasma concentration-time profile after administration of immediate release tablets. The *in vivo* absorption values were directly related to *in vitro* dissolution data to complete the *in vitro-in vivo* correlations.

Statistical Evaluation of Results

All results were expressed as mean values±standard deviation (SD). In order to assess the statistical significance between the data, a single factor analysis of variance

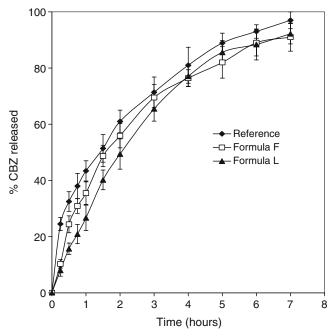


Fig. 1. In vitro dissolution profiles of CBZ from three different CBZ products in 1% sodium lauryl sulfate aqueous solution. Each point represents mean values of six tablets

Matrix formulation	Regression coefficient (r)	Kinetic constant k, (h^{-n})	п	DE (%)	f_2	MDT (h)
Formula F Formula L	0.9799 0.9929	33.32 34.90	0.654 0.637	68.5 65.4	61.3 56.0	1.99 2.10
Tegretol® CR	0.9989	44.46	0.433	71.3	-	1.91

 Table III. Mathematical Modeling and Dissolution Parameters for Carbamazepine Release from Tegretol® CR and Formula F and L Matrix Tablets

(ANOVA) was applied with the Tukey multiple comparison procedure, employing Graphpad INSTAT tm, Copyright© 1990–1993, Graphpad Software V 2.04, Ralf Stahlman, Purdue Univ. 931897S. The level of statistical significance was chosen as less than 0.05 (P<0.05).

RESULTS AND DISCUSSION

Characterization of the Tested Tablets

The physical characterization of the tested CBZ tablets according to the USP 24 compendia requirement with respect to CBZ content, weight, thickness, hardness, friability and disintegration time are given in Table II. For both formulations, drug content ranging from 99.30% to 103.45%, based on the theoretical composition, which evidences content uniformity. It was also verified that the tablets passed the friability test (F < 1%), showing that both formulations lie within the established limits. Dissolution profile of fresh CBZ products was performed using USP 24 dissolution apparatus II, 75 rpm in 1% sodium lauryl sulphate dissolution medium at 37 ± 0.5 °C is given in (Fig. 1). The release kinetics was illustrated in (Table III). Both hydrophobic and hydrophilic matrix tablets tended to exhibit non-Fickian (anomalous) diffusion characteristics (n=0.654 and 0.637, respectively), while reference tablets showed Fickian release behavior (n =0.433). The similarity factor (f_2) values of hydrophobic and hydrophilic matrix tablets are greater than 50 (61.3 and 56.0, respectively) means an average difference of no more than 10% at the sample time points, ensures equivalence of the test and reference products. The mean dissolution time up to 80% is applied to compare dissolution rates of CBZ products, no significant different was shown with different CBZ products (MDT ranged from 1.9 to 2.1 h).

 Table IV. Validation of HPLC Technique for the Analysis of Carbamaz epine in Dogs Plasma

Parameters	Values		
Limit of detection (LOD; µg/ml)	0.025		
Limit of quantitation (LOQ; µg/ml)	0.25		
Linearity			
Range (µg/ml)	0.25-4.0		
Regression equation	$y = 4.8795 \times -0.041$		
Correlation coefficient (r)	0.9978-0.9992		
Recovery range (%)	70.45-80.43		
Precision			
Intra-day R.S.D. (%)			
With sample injected 3 times	2.58		
With samples prepared 3 times	3.71		
Inter-day R.S.D. (%)			
With sample injected 3 times	5.74		
With samples prepared 3 times	7.43		

Method Validation

A reliable separation of CBZ and the IS using the previously reported chromatographic conditions was demonstrated. Chromatographic performance was good for CBZ with good peak shapes and acceptable retention time for routine activity (3.16 and 4.47 min, respectively for IS and CBZ).

The analytical technique for CBZ in plasma was validated for linearity, accuracy and precision of determination (Table IV).

In Vivo Absorption of CBZ Products in Dogs

The three tablets were administered to dogs, in order to investigate the *in vivo* absorption profiles. The average CBZ plasma concentration *versus* time profiles following a single 200 mg CBZ as Tegretol[®] CR, Formula F, or Formula L are shown in Fig. 2. The highest plasma levels were obtained in dosing of Formula L-tablets. When CBZ tablets Formula L were administered to beagle dogs, drug appeared in plasma almost at the same time in each dog after a t_{tag} of 0.566±0.1 h. The onset of drug absorption from Tegretol[®] CR tablet was found to be delayed, the mean t_{tag} was 0.682±0.264 ranging from 0.34 to 1 h.

The mean pharmacokinetics parameters of CBZ derived from CBZ plasma-time profiles are summarized in (Table V). The mean peak CBZ concentration C_{max} after oral administration of Formula L was higher than that of Tegretol® or Formula F tablet. The mean time to reach the peak concentration (t_{max}) of CBZ was comparable, 6–7 h for the three products. No statistically significant difference (P>0.05)was observed among the $t_{\rm max}$ values of samples that were 6.67± 2.06, 7.00 ± 1.09 and 7.66 ± 1.50 for the three products Tegretol®, Formula F and Formula L, respectively. There was extremely significant difference (P < 0.001) in the terminal elimination rate constant among the three product. The $AUC_{0-\alpha}$ value of 25.27±10.44, 30.09±10.50 and 36.34±10.66 for Tegretol®, Formula F and Formula L respectively were found to be significantly different (P > 0.05). This suggest that Formula L showed the highest rate and extent of drug absorption, whereas, Reference product showed the lowest rate and extent of drug absorption.

The fact that a relationship exist between higher water penetration and faster absorption rate may be an explanation of this result. The gel layer of the Formula L-tablet (HPMCbased matrix) with higher water retention could be disintegrated by GI destructive forces and its *in vivo* release rate markedly accelerated, while the Formula F-tablet (50% waxmatrix) with low water penetration could absorb water slightly.

The percent coefficient of variation (CV%) for plasma concentration recorded at each sampling time following oral administration of the three CBZ products were calculated.

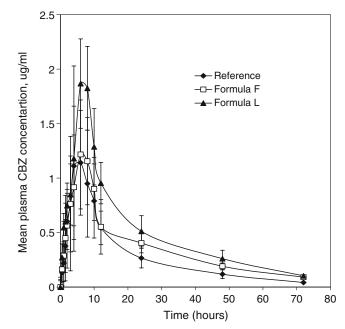


Fig. 2. Mean plasma concentration-time profiles following oral administration of CBZ tablets to be gle dogs under fasting. *Each point* represents mean \pm SD (n=6)

The statistical analysis indicated insignificant differences (P >(0.05) among the three products examined at most sampling time, whereas, significant difference P < 0.05 was indicated at early sampling point, 0.5 and 1 h post dosing. The CV% appeared greater during the absorption phase than during the elimination phase after administration of Formula F. Following administration of Tegretol® CR and Formula L tablet the CV% appeared greater during the elimination phase. The average inter-subject plasma concentration variability CV% was 54.1, 52.9, 33.8 and following administration of Tegretol® CR, Formula F, and Formula L-tablets, respectively. The lower inter-subject variability for Formula L may be due to the presence of hydrophilic polymer HPMC, one of the suitable carriers for enhancement of the water-solubility of drugs as well as for prevention of drugs from re-crystallization in the dissolution medium (20). HPMC also, is known in the literature that it affects the solubility of CBZ polymorph (21). The percent coefficients of variation for selected pharmacokinetic parameters as a function of tested products to manifest the inter-subject variability showed small intersubject variability for Formula L, with relative standard deviations (CV%) of 35 or less for all pharmacokinetics parameters. Reference and Formula F showed CV% of 63% or 58% or less, respectively, for all parameters. Different pharmacokinetic factors might influence the plasma concentration time profile and thus the *in vivo* dissolution profile.

As it is recognized from literature that CBZ absorption profile is characterized by irregular plasma levels. The variability of therapeutic efficiency can be attributed to inter-individual sensibility, chronobiologic effect, but also to rates of dissolution which can differ when polymorphs are induced by technologic operation (22). Otsuka *et al.* (23) showed that hydroxypropyl methylcellulose inhibited the dehydrate formation of CBZ. The presence of hydroxypropyl methylcellulose in sustained release CBZ tablets was also shown to affect the dissolution of the drug due to its inhibiting effect on

 Table V. Mean Pharmacokinetic Parameters of Carbamazepine Obtained After Oral Administration of Tegretol® CR, Formula F and L to Beagle Dogs

	Products			
Parameters	Tegretol® CR	Formula F	Formula L	
AUC _{0-72 h} (μ g.h.ml ⁻¹)	23.1±9.561 (10.69–31.91)	26.14±11.705 (15.00-46.16)	34.25±10.43 (25.36–55.74)	
AUC _{0-α} (μ g.h.ml ⁻¹)	25.27±10.44 (11.59–34.61)	30.091±10.496 (18.70-48.92)	36.34±10.67 (26.26–59.08)	
$C_{\max} (\mu g m l^{-1})$	$\begin{array}{c} 1.38 \pm 0.49 \ (0.91 - 2.09) \\ 6.00 \ (4 - 10) \\ 21.43 \pm 4.57 \ (13.22 - 26.21) \end{array}$	1.352±0.549 (0.76-2.01)	2.18±0.68 (1.34–3.18)	
$t_{\max}^{a} (h)$		7.00 (6-8)	8.00 (6–10)	
MRT (h)		34.091±9.749 (23.94-47.35)	23.76±5.17 (17.25–32.19)	
$t_{\text{lag}}(h)$	0.68±0.26 (0.34–1.0)	0.58±0.31 (0.12–0.91)	0.57±0.10 (0.41–0.69)	
$F_{\text{rel}}(\%)^b$		119.1	143.8	

Values in parenthesis are range of data (n=6)

^a Median data

^b Relative bioavailability

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Table VI. ANOVA of $\text{Log AUC}_{0-\alpha}$ and $\text{Log } C_{\text{max}}$ Following Oral Administration of Single Dose of Tegretol® CR, Formula F, and L Tablet (200 mg CBZ) to Six Beagle Dog

Source of variation	Degree of freedom	Sum of squares	Mean square	F
Treatments (between columns)	2			
$AUC_{0-\alpha}$		0.2182	0.1091	4.827 ^a
C_{\max}		0.1915	0.0958	3.892 ^a
Residuals (within columns)	15			
$AUC_{0-\alpha}$		0.3389	0.0226	
C _{max}		0.3686	0.0246	
Total	17			
$AUC_{0-\alpha}$		0.5570		
C_{\max}		0.5601		

^a Significant

dihydrate formation (21). The solubility of the anhydrous CBZ is approximately twice that of its dehydrate (24).

Analysis of variance applied to log $AUC_{0-\alpha}$ and log C_{\max} data as recommended by USP 24 are shown in Table VI. There are statistical significant differences between the values of $AUC_{0-\alpha}$ and C_{\max} calculated for both formulations.

In Vitro/In Vivo Relationship

Exploring a relation between the *in vivo* absorption and *in vitro* drug release from a controlled-release dosage form is an important part of the dosage form development process (25). Furthermore, it is crucial to develop a reproducible and predictable *in vitro* dissolution test to be used for optimization of the oral dosage form. A variety of factors affects the *in vivo* dissolution process, for example physicochemical factor of the drug or physiological factors in the gastrointestinal tract, such as intestinal motility and fluid secretion (26). In this study, the relationship between the *in vitro* dissolution data and the *in vivo* pharmacokinetic data was examined by plotting the

fraction of drug dissolved (FD) after 0.5, 1, 1.5, 2, 3, and 4 h and the fraction absorbed data (FA) calculated at the same time post dosing (Fig. 3). The linear regression analysis showed that a statistically significant relationship (R^2 =0.935– 0.974) existed between the FD and FA for the matrix tablets and was best described by the following equation: y=1.012× -0.0231 (Formula L); y=1.0736×-0.0428 (Tegretol®); and y= 1.028×-0.0341 (Formula F). The slope and intercept were close to 1 and 0, respectively, indicating that the *in vivo* fraction absorbed could be predicted from *in vitro* dissolution data. Recently it has been proposed that a 1:1 (level A) relationship between *in vitro* dissolution and *in vivo* absorption is the most desirable type of correlation for extended-release dosage forms (USP 24) (27).

The current food and drug administration (FDA) guidelines for bioequivalence are that two formulations whose rate and extent of absorption differ by -20% to +25% or less are generally considered bioequivalent. This is based on the concept that difference of -20% to +25% would not lead to change in therapy for a patient. According to the literature,

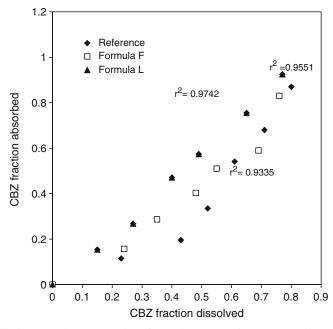


Fig. 3. Relationship between the CBZ fraction dissolved *in vitro* and the CBZ fraction absorbed *in vivo* at 0.5, 1, 1.5, 2, 3, and 4 h for the three CBZ products

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CBZ is known as a highly variable drug and, for this reason, many authors (28) have suggested widening the bioequivalence limit from 80–125% to 70–143%.

CONCLUSION

The hydrophobic and hydrophilic matrix formulations developed in this study are a viable oral dosage form of carbamazepine. Both matrix formulations showed higher relative bioavailability of CBZ than the reference Tegretol tablet. The *in vitro* dissolution test was able to reflect the *in vivo* absorption with Level A relationship between the three CBZ products.

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